



SCOTTISH CROSS COUNTRY UNION

Western District Cross Country Championships

SATURDAY 26 JANUARY 1985 BELLSHILL ACADEMY, BELLSHILL Commencing 1.15 pm

OFFICIALS

Referee	: R L McSwein
Timekeepers	: D McSwein (Chief), J McClurg, C McPherson, H Quinn, G Spankie, G Parrot
Judges	: B A Goodwin (Chief), R Quinn, R Peel, A Naylor, G Pickering
Recorders	: D Morrison (Chief), Mrs I Peel, I Aird, W Robertson, M J McLean
Starter	: R Peel
Start Area Control	: G Boyes, D Brown
Area Control and Funnel	: J M Young (Chief), W Fulton, W Toole, P C McAtier, E Sinclair, J Moore
Declarations and Results	: T Fletcher (Chief), Mrs S Fletcher, Mrs M Wilmoth, R Whitelock, J A Innes, G Spence, J McInnes, E L Taylor, D M Bowman
Officials Report	: R Devon
Awards Steward	: R Devon
Programme Sales	: E Donnelly, J Charles
Clerk of the Course	: A Morrow
Asst Clerks of the Course	: J Waddell, E Sinclair
Course Stewards	: Members of Clyde Valley AC
First Aid	: British Red Cross (Hamilton)
Hon District Secretary and Championship Convener	: C A Shields, 21 Bogton Avenue, Muirend, Glasgow G44 3JJ

SPECIAL NOTICE

It must be strictly observed that no limbering up will be allowed on the actual course. Limbering up should take place within areas surrounded by course. Disciplinary action may be taken against anyone who disobeys this order.

No spikes or outdoor running shoes may be worn within the confines of Bellshill Academy and mud must be removed from shoes before entering the school.

A signal will be given before the start of each Championship race after which the competitors must immediately proceed to the starting point and any competitor not forward for the Official Start will be disqualified.

In all races official numbers must be worn on vests and pinned at either side of the number. The number must not be reduced in size.

No individual, other than the Officials appointed to manage the event/s and competitors actually engaged in their own event, shall be allowed over or on the course of any Championship races.

Clubs must declare names of runners comprising team half an hour before the advertised time of the start of the races.

Entries for team events must show the colours of the club's vest and a vest of these colours MUST be worn by all members of the team while competing.

A map of the course will be displayed in the dressing room of the course for each race. Please observe the course for your race. It is your own responsibility if you go off the course.

EVENT	Declarations Close	Race Starts
Junior Boys 2 Miles	12.45 pm	1.15 pm prompt
Senior Boys 3 Miles	1.00 pm	1.30 pm "
Youths 4 Miles	1.20 pm	1.50 pm "
Juniors 5 Miles	1.45 pm	2.15 pm "
Seniors 7½ Miles	2.15 pm	2.45 pm "

— Please note carefully race start and declaration times —

No late declarations of teams accepted. Presentation of Awards in the school at 4.45 pm approx.

SPIKES OR CROSS COUNTRY SHOES MUST BE TAKEN OFF BEFORE ENTERING SCHOOL PREMISES

ATHLETES AND SPECTATORS MUST NOT ENCROACH ON START/FINISH LINE AREA

SCCU OFFICE-BEARERS

Hon President	:	D Duncan
Hon Vice-Presidents	:	Sir William Lithgow Barr, Sir Adam Thomson, CBE
Hon Life Vice-Presidents	:	E S Murray, R M Dalgleish, MBE
President	:	J G Cherry (Shettleston Harriers)
Vice-President	:	R Morrison (St Andrews University AC)
Immediate Past President	:	C R Jones (Edinburgh AC)
Hon Secretary	:	J E Clifton (Edinburgh Southern Harriers)
Hon Treasurer	:	R L McSwein (Paisley Harriers)

WEST DISTRICT OFFICE-BEARERS

Chairman	:	R M Dalgleish, MBE (Springburn Harriers)
Vice-Chairman	:	W Robertson (Bellahouston Harriers)
Hon Secretary/Treasurer	:	C A Shields (Greenock Glenpark Harriers)

JUNIOR BOYS : 2 MILES CHAMPIONSHIPS – 9 per team to run, 3 to count

(Over 11 but under 13 on 1 April 1984)

The winning team will hold the "Malcolm Trophy" for 12 months

Title Holders 1984 : Team – Nith Valley AC, Individual – G Stewart (Dumbarton AAC)

Ayr Seaforth AC (Colours : White with Red Diagonal Cross)

1 I Craig, 2 P Mason, 3 M Cecchini

Bellahouston Harriers (Colours : Dark Blue with Light Blue Cross)

4 J Brady, 5 A Cruikshanks, 6 S Devine, 7 P Henry, 8 A Kinnear, 9 L Mason, 10 A Mack, 11 M McCormack, 12 J Petrie, 13 J Ross, 14 S Rooney, 15 C Bendall

Cambuslang Harriers (Colours : Red with White Band)

16 G McGuggan, 17 G Simpson, 18 C Smythe, 19 S McKenzie, 20 P Cherry, 21 S Jarvie, 22 S McCallum, 23 P Leslie, 24 J Cooke

Clydebank AC (Colours : Gold/White)

25 J Cullen, 26 A Russell, 27 M Buckley, 28 B O'Brien, 29 C Cleland, 30 M Docherty, 31 D Reid, 32 N Obie, 33 M Glen

Clydesdale Harriers (Colours : White with Black 'C')

34 W Ramsey, 35 F Dunlop, 36 J Mullen, 37 N Cunningham, 38 R Stevenson, 39 T Dunn, 40 M McAulay, 41 I Boyle, 42 B Currie, 43 C Tait, 44 S Dutch, 45 G Storey

Clyde Valley AAC (Colours : Red/White)

46 S Fox, 47 R Campbell, 48 A Woodhard, 49 P Shannon, 50 G Hart, 51 P McWhinnie, 52 J McMenemy, 53 B McMorro, 54 J Steel, 55 R Lindsay, 56 G Todd, 57 S Murchison

Colzium AC (Colours : White with Red Trim)

58 C Docherty, 59 M Friel, 60 M Hamill

Cumbernauld AAC (Colours : Sky Blue with Maroon Band)

61 G Drummond, 62 I Salmond, 63 S Chalmers, 64 S Marshall, 65 D Adules, 66 A Bremner

East Kilbride AAC (Colours : Gold with Two Black Bands)

67 A Smith, 68 B O'Neill, 69 N Sharpe, 70 S Radigan, 71 C McGregor

Garscube Harriers (Colours : White with Blue Band)

72 J McKinnon, 73 F Stewart, 74 H Undley, 75 J Mitchell

Greenock Glenpark Harriers (Colours : Sky Blue with Royal and Gold Hoops)

76 J Long, 77 C McShane, 78 C Morrison, 79 P Murray, 80 S Nicol

Hamilton Harriers AC (Colours : White with Red Trim)

81 S Gebbie, 82 I McGurk, 83 B Campbell, 84 G McGurk

Irvine AC (Colours : Red with Navy Trim)

85 G Parker, 86 R McClymont, 87 E Cairns

Kilbarchan AAC (Colours : Gold with Black Band)

88 W Adams, 89 T Graham, 90 J Muir, 91 J Price, 92 P Johnson, 93 S Gallacher, 94 A Biggart, 95 P Hessett, 96 A McKeown

Kirkintilloch Olympians (Colours : Sky Blue with 1 Black/1 White Hoop)
97 S McSorley, 98 P Welsh, 99 R Morton

L & L Track Club (Colours : Lemon with Scarlet Trim)
100 J Lynch, 101 S Stonebanks, 102 L Graham, 103 P Provan, 104 M Wright, 105 A Watson

Nith Valley AC (Colours : Blue with Yellow Diagonal)
106 S McKenzie, 107 A Geddes, 108 R Toolis

Victoria Park AAC (Colours : Blue with White Hoops)
109 G Wiseman, 110 S Barnett, 111 S Low, 112 I Storer, 113 C Sandground, 114 E MacDonald,
115 S Gorman, 116 G Blair, 117 D McKay, 118 C Scott, 119 J Aderinto, 120 R Dunsmore

Individuals

121	C Bishop	(Avonside Track Club)
122	J Harrigan	(Dumbarton AAC)
123	A Keenan	(Galloway Harriers AC)
124	D Keenan	(Galloway Harriers AC)
125	G Martin	(Greenock Wellpark Harriers)
126	P Ross	(Kilmarnock Harriers & AC)
127	C Harrow	(Kilmarnock Harriers & AC)
128	J Brown	(Law & District AAC)
129	G McInnes	(Law & District AAC)
130	G Barr	(Loudoun Runners)
131	P McLean	(Maryhill Harriers)

RESULTS	Individual	1st	2nd	3rd
	Team	1st	2nd	3rd

SENIOR BOYS : 3 MILES CHAMPIONSHIPS — 9 per team to run, 3 to count

(Over 13 but under 13 on 1 April 1984)

The winning team will hold the "Shawfield Trophy" for 12 months

Title Holders 1984 : Team — Law & District AC, Individual — A Russell (Law & District AC)

Ayr Seaforth AC (Colours : White with Red Diagonal Cross)
1 J Dupuy, 2 J Graham, 3 S Lynch

Bellahouston Harriers (Colours : Dark Blue with Light Blue Cross)
4 C Allan, 5 D Armstrong, 6 M Berlow, 7 B Dunsmore, 8 C Mulholland, 9 B Mooney, 10 B Neish,
11 P McNally, 12 P O'Donnell, 13 M McKernon, 14 G Stewart, 15 D Dunlin

Cambuslang Harriers (Colours : Red with White Band)
16 C Wilson, 17 C McDonald, 18 D Graham, 19 A Stark, 20 B Murray, 21 N Trueman, 22 S Foley,
23 D Sinclair, 24 I Creer

Clydebank AC (Colours : Gold/White)
25 D McGinley, 26 J Monaghan, 27 G Stewart, 28 J Divers, 29 A McCauley, 30 M McBride, 31 P
Craig, 32 C Booth, 33 R Farrelly, 34 S Langan, 35 K Queenan

Clydesdale Harriers (Colours : White with Black 'C')
36 G Divers, 37 C Stewart, 38 S Poole, 39 R Boyle, 40 G Young, 41 A Derrick, 42 F Friel, 43 N
Hislop, 44 A Lennox, 45 H Hunter, 46 G Allan, 47 G McIntosh, 48 C Johnstone, 49 N McAulay,
50 E McMillan

Clyde Valley AAC (Colours : Red/White)
51 G Robertson, 52 D Gardiner, 53 J Houston, 54 F Togner, 55 D Newberry, 56 C McCann, 57 B
Swan, 58 I Black, 59 R White, 60 G Mann, 61 B Chalmers, 62 J McKinnon, 63 D Carroll

Colzium AC (Colours : White with Red Trim)
64 C Crawford, 65 S Cartwright, 66 P McNiven

Cumbernauld AAC (Colours : Sky Blue with Maroon Band)
67 J Morrison, 68 S Lardner, 69 K Woods, 70 G Queen

East Kilbride AAC (Colours : Gold with Two Black Bands)
71 D Ross, 72 S Fegan, 73 D Cathie

Galloway Harriers AC (Colours : Black with Two White Bands)
74 G Keenan, 75 G McNab, 76 A Stewart, 77 D True

Greenock Glenpark Harriers (Colours : Sky Blue with Royal and Gold Hoops)
78 K MacLean, 79 R Mooney, 80 D Shaw

Hamilton Harriers AC (Colours : White with Red Trim)
81 M Gallacher, 82 B McGurk, 83 S Holmes, 84 C Malloy

Irvine AC (Colours : Red with Navy Trim)
85 G Corbett, 86 I Brewer, 87 J Gemmell

Kilbarchan AAC (Colours : Gold with Black Band)
88 S Douglas, 89 C McLean, 90 A Dickie, 91 A Walsh, 92 B Kirkwood, 93 S Clark, 94 —, 95 —,
96 S McDougall, 97 S Bytheway, 98 R Barton

Kilmarnock Harriers & AC (Colours : Royal Blue with Two White Diagonals)
99 S White, 100 S MacLean, 101 D Hannah, 102 M Cameron, 103 B Scott, 104 I Connell

Kirkintilloch Olympians (Colours : Sky Blue with 1 Black/1 White Hoop)
105 B Day, 106 G Gibson, 107 C Anderson

L & L Track Club (Colours : Lemon with Scarlet Trim)
108 C Ramage, 109 B McGillivray, 110 D McKendrick, 111 S Graham, 112 G Borland

Law & District AAC (Colours : Amber with Red and White Bands)
113 N McInnes, 114 S Mathieson, 115 B Cunningham, 116 C McIlvennie, 117 D Forrest

Nith Valley AC (Colours : Blue with Yellow Diagonal)
118 S McClymont, 119 A Whiffin, 120 S Simpson, 121 S White, 122 J Laird

Shettleston Harriers (Colours : Blue/Gold)
123 I McNally, 124 M Marchetti, 125 D Blakeley, 126 J Gallagher, 127 K Bone, 128 D Grabiec
129 D Fulton, 130 J McPake, 131 S Caldwell

Springburn Harriers (Colours : Navy Blue)
132 D Patterson, 133 A Callan, 134 P Sweeney, 135 J Sullivan

Troon Tortoises AC (Colours : Yellow with Black Trim)
136 W Stokes, 137 M Snodgrass, 138 M Sands, 139 A Gardiner

Victoria Park AAC (Colours : Blue with White Hoops)
140 F McGowan, 141 R Blair, 142 B McKay, 143 J Logan, 144 M Burgess, 145 A Begbie, 146 A
Newlands, 147 K Wilson, 148 B Gray, 149 J Pritchard, 150 D McClure, 151 A Fowler, 152 S McKen-
na, 153 R Lynch

Individuals

154	D Allan	(Avonside Track Club)
155	G Haro	(Beith Harriers)
156	S Armitage	(Beith Harriers)
157	M Cowan	(Dalry Thistle Boys Club AC)
158	K Sinclair	(Dalry Thistle Boys Club AC)
159	S Marshall	(Garscube Harriers)
160	N Kennedy	(Loudoun Runners)
161	A Gallacher	(Maryhill Harriers)
162	J McLaughlin	(Maryhill Harriers)
163	C Campbell	(Spango Valley AC)
164	K Murdoch	(Spango Valley AC)

RESULTS	Individual	1st	2nd	3rd
	Team	1st	2nd	3rd

YOUTHS : 4 MILES CHAMPIONSHIPS — 9 per team to run, 3 to count

(Over 15 but under 17 on 1 April 1984)

The winning team will hold the "Midland District Trophy" for 12 months

*Title Holders 1984 : Team — Cambuslang Harriers, Individual — J Grabam (Ayr Seaforth AC)***Bellahouston Harriers** (Colours : Dark Blue with Light Blue Cross)

1 P Culvain, 2 S Davis, 3 M Ianson, 4 D McDowall, 5 J McGahan, 6 G McCann, 7 P McDevitt, 8 K O'Donnell

Cambuslang Harriers (Colours : Red with White Band)

9 S Wallace, 10 P Grady, 11 M Hughes, 12 B McGlone, 13 A McAloney, 14 R Foley, 15 G Laird, 16 S Newton, 17 S McCallum

Clydebank AC (Colours : Gold/White)

18 R Donnelly, 19 C Docherty, 20 P Darroch, 21 A McKenna

Clydesdale Harriers (Colours : White with Black 'C')

22 S McDonald, 23 A Brown, 24 L Pearson, 25 R Storey, 26 A Leitch, 27 R Timpany, 28 W Galt, 29 C Morrison, 30 D McKinnon, 31 P Halpin

Clyde Valley AAC (Colours : Red/White)

32 J Quinn, 33 S Quinn, 34 S Robertson, 35 T Goldie, 36 G Watterson, 37 I McLuckie, 38 J McLuckie, 39 B McAlorum

Cumbernauld AAC (Colours : Sky Blue with Maroon Band)

40 D Morris, 41 S Drummond, 42 G McNair

East Kilbride AAC (Colours : Gold with Two Black Bands)

43 C Bryden, 44 S Marriott, 45 D White, 46 L Reid, 47 S Boyce, 48 J McGlone

Galloway Harriers AC (Colours : Black with Two White Bands)

49 E Dickson, 50 S Dickson, 51 K Allison, 52 B Pirrie

Greenock Wellpark Harriers (Colours : White with Black Band)

53 D McNish, 54 R Bradley, 55 A Lennox, 56 M Rennie

Irvine AC (Colours : Red with Navy Trim)

57 J McBlane, 58 T Carolan, 59 B Fairgreave

Kilbarchan AAC (Colours : Gold with Black Band)

60 N Cassidy, 61 P Mayles, 62 T Hearle, 63 B Hawkins, 64 R Furlong, 65 S Leighton, 66 R Shaw, 67 J Reilly, 68 C McDonald, 69 G Aitken, 70 C Elliot

Kilmarnock Harriers & AC (Colours : Royal Blue with Two White Diagonals)

71 F Murray, 72 B McEwan, 73 D Murray, 74 D Lennon

Kirkintilloch Olympians (Colours : Sky Blue with 1 Black/1 White Hoop)

75 D Goutcher, 76 G Smith, 77 I Godfrey, 78 D Gibson

L & L Track Club (Colours : Lemon with Scarlet Trim)

79 T Carswell, 80 S Allen, 81 D Graham, 82 R Templeton, 83 R Rooney, 84 R Scott

Law & District AAC (Colours : Amber with Red and White Bands)

85 A Russell, 86 A Ramage, 87 J Aitchison, 88 D Lovelock

Maryhill Harriers (Colours : Royal Blue)

89 J Sutherland, 90 D Shearon, 91 A Craig

Shettleston Harriers (Colours : Blue/Gold)

92 A Swann, 93 A Fulton, 94 M Curran, 95 R Bradley, 96 S Walker

Springburn Harriers (Colours : Navy Blue)

97 A Chalmers, 98 D Donnet, 99 M Kerr

Vale of Leven AAC (Colours : White with Red Hoops)

100 S Pasifull, 101 C Gray, 102 S Walsh

Victoria Park AAC (Colours : Blue with White Hoops)

103 M Wallace, 104 G Lawson, 105 D Innes, 106 P Gahagan, 107 A Malloy, 108 I Stirrat, 109 G Dick, 110 J Ajad, 111 R Gray, 112 G Scott, 113 D Sanders, 114 J Holmes

Individuals

115	J Graham	(Ayr Seaforth AC)
116	J McMonagle	(Calderglen Harriers)
117	P McWilliams	(Calderglen Harriers)
118	J Boyle	(Clydesdale Harriers)
119	S Graham	(Colzium AC)
120	C Martin	(Dumbarton AAC)
121	C Samson	(Garscube Harriers)
122	G Mather	(Shettleston Harriers)
123	S Conaghan	(Spango Valley AC)
124	J Page	(Spango Valley AC)
125	J Goldie	(Troon Tortoises AC)

RESULTS	Individual	1st	2nd	3rd
	Team	1st	2nd	3rd

JUNIORS : 5 MILES CHAMPIONSHIPS — 9 per team to run, 3 to count

(Over 17 but under 19 on 1 April 1984)

The winning team will hold the "George McKenzie Medal" for 12 months

*Title Holders 1984 : Team — Cambuslang Harriers, Individual — R Quinn (Kilbarchan AAC)***Ayr Seaforth AC** (Colours : White with Red Diagonal Cross)

1 G Wight, 2 W Robb, 3 D Murray

Bellahouston Harriers (Colours : Dark Blue with Light Blue Cross)

4 R Stoddart, 5 D Bryson, 6 J Lygate

Cambuslang Harriers (Colours : Red with White Band)

7 D McShane, 8 D Healy, 9 P Morris, 10 C Thomson, 11 G Cromar, 12 E Turnbull, 13 J McLaughlin, 14 F Haugh

Clydebank AC (Colours : Gold/White)

15 G Nugent, 16 J Timms, 17 B Queenan

Clydesdale Harriers (Colours : White with Black 'C')

18 J Austin, 19 G Walker, 20 C Dougherty, 21 S Doig, 22 C Kennedy, 23 A Timpany, 24 I Hudson, 25 V Walsh

Dumbarton AAC (Colours : Black/Red)

26 S Reid, 27 A Currie, 28 D Stevenson, 29 D Pollard

Glasgow University**Hares & Hounds** (Colours : Black with Gold 'G')

30 R Welsh, 31 S Campbell, 32 R Skilling, 33 G Walker

Irvine AC (Colours : Red with Navy Trim)

34 J Sneddon, 35 C Ferguson, 36 J McKenna

Kirkintilloch Olympians (Colours : Sky Blue with 1 Black/1 White Hoop)

37 P McBrearty, 38 J Henderson, 39 I Towart

Springburn Harriers (Colours : Navy Blue)

40 D Wilmoth, 41 S Begen, 42 G Biggam, 43 S Haddon

Victoria Park AAC (Colours : Blue with White Hoops)

44 P Wilson, 45 C Little, 46 K Penrice, 47 D Paton, 48 S Munn, 49 J McAleer

Individuals

50	R Carey	(Annan & District AC)
51	K Newberry	(Clyde Valley AAC)
52	L Smith	(Clyde Valley AAC)
53	I Auchie	(Dalry Thistle Boys Club AC)
54	R Graham	(East Kilbride AAC)
55	I Gibb	(Hamilton Harriers AC)
56	R Quinn	(Kilbarchan AAC)

57	J Snodgrass	(Kilbarchan AAC)
58	R Welsh	(Kilmarnock Harriers & AC)
59	D Smith	(Linwood Pentastar AC)
60	S Hastings	(Loudoun Runners)
61	D White	(Loudoun Runners)
62	C Carmichael	(Nith Valley AC)

RESULTS	Individual	1st	2nd	3rd
	Team	1st	2nd	3rd

SENIORS : 7½ MILES CHAMPIONSHIPS – 12 per team to run, 6 to count

(Over 19 on 1 April 1984)

The winning team will hold the "Maley Trophy" for 12 months

The winning individual will hold the "Stewart Cup" for 12 months

Title Holders 1984 : Team – Cambuslang Harriers, Individual – N Muir (Sbettleston Harriers)

Annan & District AC (Colours : Yellow Vest (ADAC)/Black Shorts)

1 R O'Hara, 2 M Carroll, 3 D Doyle, 4 G Bell, 5 M Bell, 6 P Rogerson, 7 L Prater

Ayr Seaforth AC (Colours : White with Red Diagonal Cross)

8 R Hill, 9 G Young, 10 G Fallon, 11 J Young, 12 M Ogston, 13 A Pretsell, 14 T McCulloch, 15 D Brackenridge, 16 A Murdoch, 17 A Smith

Bellahouston Harriers (Colours : Dark Blue with Light Blue Cross)

18 G Braidwood, 19 S Butler, 20 I Rourke, 21 G Bell, 22 D Burt, 23 T Coyne, 24 J Charles, 25 H Cos, 26 F Clement, 27 A Daly, 28 T Donnelly, 29 P Fleming, 30 R Fitzsimmons, 31 G Getty, 32 J Hendry, 33 D Hendry, 34 R Henry, 35 A Halliday, 36 C Joss, 37 S Johnstone, 38 G McGregor, 39 A McAngus, 40 R McCulloch, 41 P O'Hagan, 42 M Scott, 43 F Bryson, 44 D Fraser, 45 A Smith

Calderglen Harriers (Colours : Amber/Black)

46 A Munro, 47 A McLean, 48 A Lyndsay, 49 A McClellan, 50 W Johnston, 51 R Johnston, 52 A Henderson, 53 R Stewart, 54 J Paul, 55 P Moore, 56 J McIntyre, 57 M Halleron, 58 M Brunjes, 59 A Paterson, 60 G McGadey, 61 J Daly, 62 J Young, 63 J Hagan, 64 T Moore, 65 R Shanks, 66 F Coll, 67 J Houston, 68 E Murray, 69 J Scott, 70, B Fraser, 71 B Fraser, 72 A Spicer, 73 G Mullen, 74 A Craig, 75 M Fitzsimmons

Cambuslang Harriers (Colours : Red with White Band)

76 S Dickson, 77 T Rhodes, 78 S Kenny, 79 J Orr, 80 R Anderson, 81 C Feechan, 82 J McGugan, 83 J Simpson, 84 B Gough, 85 B Burt, 86 J Fitzpatrick, 87 D McCutcheon, 88 W Murdoch, 89 M Johnstone, 90 J Robertson, 91 P Ogden, 92 T South, 93 S Dunn, 94 C Brown, 95 A Graham, 96 I Smith, 97 J Murphy, 98 J Feeney, 99 D James, 100 S McFadden, 101 A Bain, 102 D Thomson, 103 A Graham, 104 E Stewart, 105 M Sutherland, 106 M Travers, 107 W Mitchell, 108 P Preston, 109 T Ulliott, 110 D Ferry, 111 A Gilmour, 112 A Beattie, 113 D Lang, 114 I Shaw, 115 J Quinn, 116 R McCutcheon, 117 J McDougal, 118 T Callaghan, 119 A Gemmell, 120 M McDonald, 121 F Hurley, 122 A McCafferty, 123 G McCafferty, 124 D Henderson, 125 R Inglis

Clydebank AC (Colours : Gold/White)

126 M Allison, 127 G Burns, 128 I Marshall, 129 J MacKay, 130 A MacKay, 131 J McLaughlin, 132 N Urquhart, 133 D Williams, 134 P Bonner, 135 R Bates, 136 G Millar, 137 M Gallacher, 138 S Divers, 139 J Fitzsimons, 140 W Fraser

Clydesdale Harriers (Colours : White with Black 'C')

141 G Carlin, 142 P Dolan, 143 P Doran, 144 D Gibson, 145 J Hanratty, 146 P Jack, 147 C Lyle, 148 C McIntosh, 149 P McKendry, 150 M McDonald, 151 D Mitchell, 152 J Pearson, 153 D Gemmell, 154 T Morrison, 155 T Miller, 156 V Martin, 157 C O'Donnell, 158 L Pearson, 159 C Ryan, 160 P Rudzinski, 161 G Rae, 162 R Shields, 163 A Wright, 164 R Young, 165 J Wright, 166 D Halpin, 167 P Holmes, 168 D Rothin, 169 D McDonald, 170 G Campbell

Clyde Valley AAC (Colours : Red/White)

171 E Devlin, 172 J Small, 173 W McBrinn, 174 W Marshall, 175 D Marshall, 176 B Kane, 177 S Reid, 178 J McCafferty, 179 I McRae, 180 J Bolger, 181 R Findlay, 182 J Poutney, 183 I Winters, 184 J Ross

Cumbernauld AAC (Colours : Sky Blue with Maroon Band)

185 C Hodgeson, 186 S Taylor, 187 D Sharp, 188 A Reid, 189 J Togneri, 190 A Spalding, 191 K Lawler, 192 S McRae

Dalry Thistle Boys Club AC (Colours : Royal Blue with White Trim)

193 D Auchie, 194 J Kean, 195 A McDowall, 196 B Craig, 197 D Lundie, 198 R Tripp, 199 J Auchie

Dumbarton AAC (Colours : Black/Red)

200 C Martin, 201 H Martin, 202 A Adams, 203 I McWatt, 204 T McCall, 205 J Stephens, 206 P Walsh, 207 B McLoughlan, 208 F Caldwell, 209 D Caldwell, 210 F Cooney, 211 E Brogan

East Kilbride AAC (Colours : Gold with Two Black Bands)

212 C McDougall, 213 C Grant, 214 G Haddow, 215 R Ronald, 216 G Colvin, 217 H Wilson, 218 K Clements, 219 A Partridge, 220 J McAllister, 221 J Scott, 222 A Thomson, 223 W Matthews, 224 E Reid, 225 G Reid, 226 D McGavin, 227 R Gibson, 228 D McKirdy, 229 G McKirdy, 230 E Ramage, 231 D Toner, 232 A Hill, 233 A Turnbull, 234 H Turner, 235 F Bias, 236 W McCann, 237 A Stuart, 238 P Bonnar, 239 P Russell, 240 S Gardner, 241 M McWilliam

Galloway Harriers AC (Colours : Black with Two White Bands)

242 Q Greenall, 243 G Rankin, 244 J Douglas, 245 P McFerran, 246 G Fidler, 247 G Anderson, 248 S Morrison, 249 B Slaven, 250 W Hume, 251 W Walker, 252 J Crichton, 253 C Butler, 254 R McCutcheon, 255 A Maitland, 256 J Keenan

Garscube Harriers (Colours : White with Blue Band)

257 D Geddes, 258 A McGlaughun, 259 S Cullen, 260 D Gillespie, 261 S Smith, 262 R Clark, 263 D Spencer, 264 W Ritchie, 265 W Marshall, 266 C Loney, 267 I McDonald, 268 D Heppell, 269 D Shields, 270 R Weir, 271 J Weir

Glasgow University

Hounds & Hares (Colours : Black with Gold 'G')

272 A Wilson, 273 N Walker, 274 T Gillespie, 275 P MacIntyre, 276 B Gartside, 277 J Stevenson, 278 G Harper, 279 A McCormick, 280 P Sherring, 281 T Todd, 282 A Kinneburgh, 283 J McLellan, 284 J Cowan

Greenock Glenpark Harriers (Colours : Sky Blue with Royal and Gold Hoops)

285 R Boyd, 286 I Cameron, 287 D Childs, 288 E Currie, 289 J Docherty, 290 R Dolan, 291 R Hodelet, 292 R Johns, 293 W Jukes, 294 J McCready, 295 D McGhee, 296 B McGuinness, 297 D McLaughlin, 298 D MacNeill, 299 V Martin, 300 R Mitchell, 301 D Murray, 302 T Murray, 303 T Pierson, 304 G Russell, 305 J Russell, 306 P Russell, 307 W Smith

Greenock Wellpark Harriers (Colours : White with Black Band)

308 D Docherty, 309 D MacFadyen, 310 G Newman, 311 D Stoddart, 312 W Stoddart, 313 J Taylor, 314 J Duffy, 315 G Gaffney, 316 H Mooney, 317 G King

Irvine AC (Colours : Red with Navy Trim)

318 A Rennie, 319 J Stevenson, 320 C Miller, 321 J McCaig, 322 F Collier, 323 B Morrison, 324 B Dale, 325 D King, 326 D Scobie, 327 J Brennan, 328 J Morton, 329 W Loudon, 330 B Melville, 331 I McKenna, 332 D Kerr, 333 B Nicol, 334 C Stewart, 335 K Wyper, 336 S Brownlie

Kilbarchan AAC (Colours : Gold with Black Band)

337 E Taylor, 338 J Bremner, 339 D Petrie, 340 J Gibson, 341 I Cosgrove, 342 A Ross, 343 R Barr, 344 M McGinley, 345 A Shelley, 346 H Ross, 347 A Smith, 348 J Rodger, 349 C Wallace, 350 H Kerr, 351 D Mullins, 352 W Toole, 353 T Mooney, 354 G Martin, 355 R Price, 356 D Laidlaw, 357 J Pender, 358 I McDougall, 359 T Dorrington, 360 A Puckrin

Kilmarnock Harriers & AC (Colours : Royal Blue with Two White Diagonals)

361 C Martin, 362 P Harkness, 363 J White, 364 A Law, 365 M Ferguson, 366 R Turley, 367 I Kerr, 368 G McKinna, 369 S Dalziel, 370 R Dalziel

Kirkintilloch Olympians (Colours : Sky Blue with 1 Black/1 White Hoop)

371 G McLean, 372 B Coll, 373 A Gardner, 374 I Murray, 375 C Burns, 376 S Abbot, 377 H O'Malley, 378 H Docherty

Law & District AAC (Colours : Amber with Red and White Bands)

379 W Dickson, 380 W Daysdale, 381 W Struthers, 382 I Longford, 383 J Tervit, 384 J Rowley, 385 W Scoular, 386 P Kelly, 387 D Frame, 388 J McNeil, 389 D Fairweather, 390 J Thomson, 391 J Aitken, 392 T Ramage, 393 S O'Connor, 394 J Brown

L & L Track Club (Colours : Lemon with Scarlet Trim)
 395 B Young, 396 J Nolan, 397 I Foster, 398 J McDonald, 399 A Letham, 400 I White, 401 J Clark

Linwood Pentastar AC (Colours : Blue with White Band)
 402 G Tenney, 403 D Steel, 404 J Sands, 405 S Cameron, 406 J McPhee, 407 J Telford, 408 F McGowlick, 409 J McGuinness, 410 I Kenneth

Loudoun Runners (Colours : Blue/Amber)
 411 M Dodds, 412 I Allan, 413 R Campbell, 414 J White, 415 A Frew, 416 E Hutchison, 417 I Mackin

Maryhill Harriers (Colours : Royal Blue)
 418 M Gallacher, 419 G Robertson, 420 J Biggam, 421 M McCartney, 422 P Halling, 423 R McIntyre, 424 F Evans, 425 P Gamba, 426 F Murdoch, 427 K Low, 428 G Grubb, 429 F Gallacher, 430 S Lawson

Shettleston Harriers (Colours : Blue/Gold)
 431 N Muir, 432 P Carton, 433 J Mudie, 434 C Ross, 435 W Scally, 436 T Eaton, 437 J Ross, 438 T Lucas, 439 P McMahon, 440 C Thompson, 441 H Inglis, 442 B McMonagle, 443 J Faulhner, 444 A Southerland, 445 J Morrison, 446 J McGoff, 447 S Penman, 448 A McDermid, 449 B Cairty, 450 P Cowan, 451 T Kelly, 452 H Mitchell, 453 J Cairney, 454 S McPherson, 455 G McKie, 456 J Steele, 457 R Loughran, 458 T Ferguson, 459 J Chalmers

Spango Valley AC (Colours : Yellow with Blue Vertical Stripes)
 460 P Conaghan, 461 M Coyle, 462 K Ferguson, 463 J Gallagher, 464 C Leck, 465 D Martin, 466 D McGarrity, 467 H McInnes, 468 C Spence, 469 L Spence, 470 L Stewart, 471 T Wilkie, 472 F Bethel, 473 W Broadley, 474 C Burns, 475 D Campbell, 476 J Conaghan, 477 T Dobbin, 478 A Galbraith, 479 I Hopkins, 480 A Irvine, 481 B Johnston, 482 D Kerr, 483 D McCabe, 484 S McEwan, 485 J McLaughlin, 486 J Mitchell, 487 A Morrison, 488 D Olding, 489 A Page, 490 J Reid, 491 G Spence, 492 G Spence, 493 A Robertson, 494 C Doyle

Springburn Harriers (Colours : Navy Blue)
 495 A Callan, 496 G Crawford, 497 J Cooper, 498 A McIndoe, 499 T Hoy, 500 G Williamson, 501 R McBrearty, 502 S Murphy, 503 B Meecham, 504 F Blackstock, 505 G Patterson, 506 S Stasiuk, 507 M Montgomery, 508 F Wright, 509 D Morton, 510 R Wilson, 511 S McLean, 512 L Bruce, 513 S McComas, 514 T O'Reilly, 515 E Dickson, 516 D Wilmoth

Stirling University (Colours : Yellow)
 517 R McCraw, 518 A Rowson, 519 N Armstrong, 520 I MacRae, 521 D Wood, 522 R Todd

Strathclyde Police AC (Colours : Royal Blue with Black/White Diagonal)
 523 R Hawkins, 524 H Young, 525 J Pollock, 526 R Blair, 527 J McMillan, 528 S Allison, 529 N Hare, 530 G Campbell, 531 W Lowe, 532 N Scott, 533 S Croll, 534 J McInnes

Troon Tortoises AC (Colours : Yellow with Black Trim)
 535 J McKinlay, 536 B McKeating, 537 C Allan, 538 W Robertson, 539 N Lea, 540 O Light, 541 T Matthews, 542 G Hervey, 543 C Malone, 544 B McCall, 545 M McArthur, 546 B Walker

Vale of Leven AAC (Colours : White with Red Hoops)
 547 B Pitt, 548 P Murphy, 549 R Hurt, 550 A Wilson, 551 G Wilson, 552 R Cameron, 553 D Harrison, 554 R Young, 555 G Lamb, 556 J Harrison, 557 A McGhee, 558 R Prescott

Victoria Park AAC (Colours : Blue with White Hoops)
 559 A Douglas, 560 D McMeekin, 561 G Diverty, 562 J MacFie, 563 M Batley, 564 A Elder, 565 L Petrie, 566 J Docherty, 567 H Barrow, 568 D Low, 569 D Harvie, 570 J Angus, 571 J Doyle, 572 W Parker, 573 M Ramsden, 574 G Lonhurst

Westerlands Cross Country Club (Colours : Gold with Black 'W' and Trim)
 575 A Lockhart, 576 D MacKay, 577 W Sheridan, 578 T Logue, 579 A Blackley, 580 A Cameron, 581 A Campbell, 582 D Calder, 583 W Reid, 584 T Donohue, 585 H Galbraith, 586 J Kelly, 587 S Chaney, 588 R Murray, 589 W Fothergill, 590 W McColl, 591 P O'Kane, 592 J Wellings

Individuals

593 K Phillips (Beith Harriers)	596 P Lee (Beith Harriers)
594 K McMaster (Beith Harriers)	597 C Kinnear (Nith Valley AC)
595 J Swindale (Beith Harriers)	598 D Allan (Nith Valley AC)

RESULTS	Individual	1st	2nd	3rd
	Team	1st	2nd	3rd

Team Spirit Counts!

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CONGRATULATIONS

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